

FALL 2026: COURSE RECOMMENDATIONS (TRANSFERS)

(see plans.ucsd.edu for fall quarter recommendations that include College GE and University Requirements)

The courses listed below are options to consider and are not presented in any particular order of priority.

LD Public Health:

- PH 40 (4 units) "Introduction to Public Health"
 - Required for all Public Health Majors and MUST be taken through UCSD
 - **MUST Enroll for FA26 (or complete PH 40 in SU26)**
- PH 45 (4 units) "Introduction to Methods and Ethics in Public Health Research"
 - Transfer students who have completed statistics are able to submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist concurrently with PH 40 for FA26
 - Required for all Public Health Majors and MUST be taken through UCSD
- PH 50 (4 units) "Primary Care and Public Health"
 - Fulfills 4 units of Public Health LD Elements (PH LDE) for general BSPH
 - Fulfills 4 units of Public Health LD Elements (PH LDE) for BSPH w/ Concentration in Biostatistics
 - Required for BSPH w/ Concentration in Medicine Sciences
- PH 90 (2 units) "Living Well – Doing Well Dimensions of Well-Being and Staying Healthy for College Success"
 - Great course for new students
 - Fulfills 2 units of Public Health LD Elements (PH LDE) for general BSPH
 - Fulfills 2 units of Public Health LD Elements (PH LDE) for BSPH w/ Concentration in Biostatistics
 - Does not count toward major requirements for the BSPH w/ Concentration in Medicine Sciences
- PH 91 (PH 71) (4 units) "Health Promotion"
 - Required for general BSPH (counts in place of PH 71)
 - Fulfills 4 units of Public Health LD Elements (PH LDE) or Public Health Trending Topics (PH TT) for BSPH w/ Concentration in Biostatistics
 - Fulfills 4 units of Public Health Trending Topics (PH TT) for BSPH w/ Concentration in Medicine Sciences
- PH 91 (4 units) "Climate Change & Infectious Disease"
 - Fulfills 4 units of Public Health LD Elements (PH LDE) for general BSPH
 - Fulfills 4 units of Public Health LD Elements (PH LDE) or Public Health Trending Topics (PH TT) for BSPH w/ Concentration in Biostatistics
 - Fulfills 4 units of Public Health Trending Topics (PH TT) for BSPH w/ Concentration in Medicine Sciences

LD Biology:

- BILD 1 (4 units)
 - Required for the following BSPH Concentrations: Biostatistics, Medicine Sciences
 - Satisfies 1 LD Biology course for the general BSPH major
- BILD 3 (4 units)
 - Required for the following BSPH Concentrations: Biostatistics, Medicine Sciences
 - Satisfies 1 LD Biology course for the general BSPH major
- BILD 4 (4 units)
 - May need if interested in applying to a traditional health professional program after UC San Diego
 - Does not count toward any BSPH major requirements
- BILD 10 (4 units)
 - Satisfies 1 LD Biology course for the general BSPH major
 - Does not count toward major requirements for the following BSPH Concentrations: Biostatistics, Medicine Sciences

LD Chemistry:

- CHEM 6B (4 units)
 - Required for the following BSPH Concentration: Medicine Sciences
- CHEM 6C (4 units)
 - Required for the following BSPH Concentration: Medicine Sciences
- CHEM 7L (4 units)
 - Required for the following BSPH Concentration: Medicine Sciences

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LD Natural Science:

- CHEM 40A (4 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences
- CHEM 40B (4 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences
- CHEM 43A (4 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences
- PHYS 1A+AL (5 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences
- PHYS 1B+BL (5 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences
- PHYS 1C+CL (5 units)
 - Satisfies 1 LD Natural Science for the following BSPH Concentration: Medicine Sciences

LD Formal Skills:

- MATH 10A (4 units)
 - Required for the following BSPH Concentration: Medicine Sciences
- MATH 10B (4 units)
 - Required for the following BSPH Concentration: Medicine Sciences
- MATH 18 (4 units)
 - Required for the following BSPH Concentration: Biostatistics
- MATH 20B (4 units)
 - Required for the following BSPH Concentration: Biostatistics
- MATH 20C (4 units)
 - Required for the following BSPH Concentration: Biostatistics

LD Quantitative Methods (MUST Enroll for FA26 if have not completed Statistics):

- PSYC 60 (4 units)
 - Satisfies Quantitative Methods area for the following BSPH Concentrations: general BSPH, Medicine Sciences
- HDS 60 (4 units)
 - Satisfies Quantitative Methods area for the following BSPH Concentrations: general BSPH, Medicine Sciences
- COGS 14B (4 units) – requires completion of COGS 14A prior to enrollment
 - Satisfies Quantitative Methods area for the following BSPH Concentrations: general BSPH, Medicine Sciences
- MATH 11 (5 units) – requires completion of both MATH 10A/20A and MATH 10B/20B prior to enrollment
 - Required for the following BSPH Concentration: Biostatistics
 - Satisfies Quantitative Methods area for the following BSPH Concentrations: general BSPH, Medicine Sciences

College GE requirements:

- Check out your College website and talk to your College Advisors for course options

University GE requirements:

- Talk to your College Advisors for any questions regarding this requirement area
 - Entry Level Writing Requirement ([ELWR](#))
 - American History and Institutions ([AHI](#))
 - Diversity, Equity, and Inclusion ([DEI](#))
 - Jane Teranes Climate Change Education Requirement ([JTCCER](#))

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UD Public Health Perspectives (PH UDP):

- PH 157 (4 units) "Race, Intersectionality, and Public Health" (Chula Vista Location-Southwestern College Campus)
 - Transfer students can enroll or waitlist concurrently with PH 40 for FA26
 - Required for general BSPH
 - Fulfills 4 units of Public Health Perspectives (PH UDP) for BSPH w/ Concentration in Biostatistics
 - Fulfills 4 units of Public Health Perspectives (PH UDP) for BSPH w/ Concentration in Medicine Sciences
- PH 161 (4 units) "Clinical Nutrition in Public Health"
 - Transfer students can enroll or waitlist concurrently with PH 40 for FA26
 - Fulfills 4 units of Public Health Perspectives (PH UDP) or Public Health UD Electives (PH UDE) for general BSPH
 - Fulfills 4 units of Public Health Perspectives (PH UDP) for BSPH w/ Concentration in Biostatistics
 - Required for BSPH w/ Concentration in Medicine Sciences
- PH 191 (4 units) "Health Access & Leadership"
 - Transfer students can enroll or waitlist concurrently with PH 40 for FA26
 - Fulfills 4 units of Public Health Perspectives (PH UDP) or Public Health UD Electives (PH UDE) for general BSPH
 - Fulfills 4 units of Public Health Perspectives (PH UDP) for BSPH w/ Concentration in Biostatistics
 - Fulfills 4 units of Public Health Perspectives (PH UDP) for BSPH w/ Concentration in Medicine Sciences

UD Public Health Electives (UDE):

- BIBC 100, BIBC 102, BICD 100, BICD 140, BIEB 152, BIMM 100, BIMM 120, BIPN 100, COMM 102C, ECON 130, ECON 131, ECON 140, ECON 141, ENVR 110, ESYS 101, GLBH 100, GLBH 111, GLBH 148, GLBH 181, LTCS 165, MATH 180A, MGT 108R, MGT 173, POLI 117R, PSYC 101, PSYC 104, PSYC 181, PSYC 188, SIO 109R, SIO 189, SOCI 134, SOCI 137, SOCI 138, SOCI 173, USP 136, USP 143, USP 144, USP 171
 - Many need to submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - A minimum of 8 units is required for general BSPH

UD Statistical Analysis Concentration Core:

- MATH 180A (4 units)
 - Many need to submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - Required for BSPH w/ Concentration in Biostatistics

UD Medicine Sciences Electives (UDE):

- USP 143 (4 units) "The U.S. Health Care System"
 - Many need to submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - Required for BSPH w/ Concentration in Medicine Sciences
- BIBC 100, BIBC 102, BICD 100, BICD 110, BICD 140, BIEB 152, BIMM 100, BIMM 120, BIPN 100, BIPN 105, GLBH 141, LTCS 165, PSYC 181, PSYC 188, SOCI 138, SOCI 173
 - Many need to submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - A minimum of 8 units is required for BSPH w/ Concentration in Medicine Sciences

UD Core (for Transfers who will have completed PH 40 by the end of SU26):

- PH 101 (4 units) "Epidemiology"
 - MUST submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - Required for all BSPH majors
- PH 102 (4 units) "Biostatistics in Public Health"
 - MUST submit a [Triton Enrollment Authorization \(TEA\)](#) request to enroll or waitlist
 - Required for all BSPH majors
- PH 110 (4 units) "Health behavior and Chronic Diseases"
 - Required for all BSPH majors
- PH 120R (4 units) "Health Policies for Healthy Lifestyles"
 - Required for all BSPH majors

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Important Information for Students Interested in Traditional Health Professional Programs:

Students interested in applying to traditional health professional programs after UC San Diego should be aware that course requirements vary by profession and program. Medical schools (MD and DO programs) have standardized prerequisite coursework required for eligibility. However, individual MD and DO programs may have additional or slightly different prerequisite or recommended coursework that applicants should take into consideration. Other pre-health careers, such as nursing and physician assistant (PA) programs, also have common prerequisite courses, but requirements can vary significantly by program. This is why early research is so important. Students should research the specific prerequisite and recommended coursework for their top 3–5 programs during their first year, if they have not already done so. Identifying program-specific requirements early allows students to plan their coursework appropriately and avoid discovering additional requirements later in their undergraduate career. Students who need help getting started with this research should attend [Career Center Advising](#) Drop-In Hours. As a reminder, Public Health Advisors focus on major advising. While your desired career path will be considered when making course-planning recommendations, all pre-health career and graduate school advising is provided through the Career Center. During Public Health advising appointments, it is the student's responsibility to communicate which pre-health prerequisite courses they need in addition to their major requirements. This information allows us to take your goals into consideration when discussing your academic plan.